

Your Mindset Quotient Test Full Analysis

5TH REALM/OPTIMIST

Universal Law (L) Operation / Application of Success Principles		5	Defender / 5th Realm D5R	Achiever / 5th Realm A5R	Exemplar / 5th Realm E5R	Vessel / 5th Realm V5R	5RC
		Sage (S)	Defender / Sage DS	Achiever / Sage AS	Exemplar / Sage ES	Vessel / Sage VS	5th Realm / Sage 5RS
		4 Optimist (O)	Defender / Optimist DO	Achiever / Optimist AO	Exemplar / Optimist EO	Vessel / Optimist VO	5th Realm / Optimist 5RO
		3 Sentry (N)	Defender / Sentry DN	Achiever / Sentry AN	Exemplar / Sentry EN	Vessel / Sentry VN	5th Realm / Sentry 5RN
		1 Realist (R)	Defender / Realist DR	Achiever / Realist AR	Exemplar / Realist ER	Vessel / Realist VR	5th Realm / Realist 5RR
			1 Defender (D)	2 Achiever (A)	3 Exemplar (E)	4 Vessel (V)	5
		Motivation / Ideals in Relationships					
		Humanity (H)					

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5th Realm/Optimist (5RO)

Points (H) 5.00, (L) 3.00-3.99

Refined, pure-hearted, bright, inspiring

Overview - A place of true serenity where one's greatest purpose and joy is fully aligned with Source or God's own work and glory. Serving, creative, uplifting, others-centered, but may depend too much on his/her own strength to achieve objectives.

Strengths - Selfless, compassionate, serene, clear, pure-hearted, steady, compassionate, confident, creative, perceptive, clever, resourceful, sharp.

Drawn to - comfort and strengthen others, love, vision, change, progress, being happy, a focus on persistence or hope.

Combination Analysis - The 5th Realm or outer level of the matrix is where remaining burdens, concerns, entanglements and ulterior motives melt away. It's where we begin to experience the ultimate way of being, feeling whole, complete, unhindered and serene.

It is in this space where we fully realize that all fears and perceived threats were merely shadows of the truth, and where we work privately with our Creator to purify and cleanse any remaining blots, barbs, or stains from our minds and hearts.

You likely came to the 5th Realm state and discovered its unexpected rewards through at least one excruciating, life-altering experience, where your desires were sacrificed for the good of another. This may have been imposed on you, or accepted by choice, but it was your response to the experience that lifted you to this state.

Having chosen an unconventional response and expecting to suffer for it, you may have been surprised to experience the mystery promised that *he who loses his life for God's sake shall find it*. Who knew you could experience such an exquisite moment of perfection and depth of serenity in coming to peace with something so dreadful? Having experienced this ascension once, you now seek and find uncommon joy in conquering hard things.

Yet, although it may appear to others that you have, in some ways, accepted a life of suffering and sacrifice, you are not a victim. The selflessness gained through those series of decisions came from a position of strength, and choice. Your forbearance was not imposed on you, it was consciously adopted, and willingly accepted, even embraced.

It is in this outer realm where all remaining ego, prejudices, hidden vices, fears, and grudges are dealt with and purged forever. It is a place of true serenity where one's greatest purpose and joy aligns with Source or God's own work and glory, free from

any other motive. It is to be one with God - the ultimate endeavor - and few there be that find it.

While nobody knows better than you that you are not a perfect person, these moments of perfection and sacrifice have elevated you, rather than diminishing you. Your unassuming way of being is a strength that emanates power and influence which cannot be measured, and which can be employed in no other way. This is why what you have achieved is so rare. Even though your life will continue to have its ups and downs, its failures and successes, you will always be able to return to that place of serenity which you discovered in your extremity, whenever you remember and return to the steps that put you there the first time.

You are a joy to be around! You've worked hard to fine-tune your thinking because you know how important it is. You're a high achiever and a cheerleader. Your idealist personality inspires others. You have big dreams, and are rarely idle. When you do allow yourself a break, it's easy to feel guilty that you're not doing more. You're imaginative, enterprising, intuitive, and resourceful, but sometimes you struggle to utilize that rare kind of faith that causes things to happen, especially the ones that are beyond your natural control.

Sometimes you're not sure why your optimism hasn't caused things to improve more quickly. You're good at practicing all the positive thinking tips, but you often feel stuck, having not yet realized the changes that matter most to you. You would like to be more naturally tenacious and faithful. Deep down you want to believe there is unseen help, but sometimes it's hard to recognize if any help is really happening.

Even when you deal with stress, you can usually manage to get it under control. When dealing with fear or anxiety, you're able to shift gears back to optimism with some effort. You believe that anything is possible, and your actions show it.

You set lofty goals, and hold expectations for their accomplishment with a fair amount of mental tenacity, even if that determination is not reflected in your actions.

When things get worse instead of better, you believe that you can turn things around with more learning, or more intense positivity. When things go wrong, you can usually find a silver lining in the cloud, and you trust that this thought-habit will pay off in real results, eventually.

Each interaction with others is a potential opportunity to make progress toward your goals, and you strive to make the most out of every situation. Even though optimism is your chosen habit, waiting for the desired results can sometimes feel exhausting.

Staying positive all the time can be difficult, but it doesn't keep you from striving to live that way. Sometimes, however, you do wonder how long it will take before you'll finally experience the big results you've been longing for.

Other Common Attributes:

- When it comes to your goals or desires, you usually see yourself as someone who will accomplish them, eventually.
- The people in your life do not always hear and understand you, but that doesn't stop you from pursuing your goals.
- New ideas come often and easily to you but sometimes you struggle to follow-through.
- You are quick to adjust your mindset when the potential for negative outcomes arise, and you wish others around you would do the same.
- Your vision for the world and how to make a difference for others is ever evolving.
- You are not triggered easily by stressful situations, but when you are, you recover quickly.
- You wish you had more freedom to make your life the way you want it to be.
- You may be mostly free from past emotional trauma, and you deal pretty well with that which does get in the way.

Possible Blind Spots - Be wary of anyone who claims they scored 5th Realm Complete, because of all the mindset types on the grid, an honest person with this depth of character will be the least likely to make his or her status known. Because you are an evolved individual, you may be prone to pride, disengaging with others who may be less evolved, and you may default to being too passive in relationships. Optimism can lead some at this stage of development to overextend themselves financially, believing that they'll find a way to pay it off someday.

You may spend a lot of your time being busy without always being productive, and depend too much on yourself to realize those seemingly impossible goals. What you may not see is how the biggest goals can be achieved with much less effort, as you discover and employ the universal laws and principles that activate unseen help on your behalf. All you need will be orchestrated even without your direct involvement, and learning how to do this will be key in achieving the goals that matter most. New ideas may come often and easily, so make sure you use your strengths to help you overcome the struggle you may have with following-through.

One who grows beyond the 5th Realm/Optimist stage will attest to the following:

"...the moment one definitely commits oneself, then Providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favour all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamt would have come his way. I have learned a deep respect for one of Goethe's couplets: 'Whatever you can do, or dream you can, begin it. Boldness has genius, power, and magic in it!'" – William Hutchison Murray

"There are no limits to your possibilities! Your successes will multiply and increase in proportion to your mastery of the law." - Roger McDonald

"People with a high level of personal mastery are able to consistently realize the results that matter most deeply to them-in effect, they approach their life as an artist would approach a work of art. They do that by becoming committed to their own lifelong learning." - Peter Senge

Want to learn how? Change your score, Change your life!

Learn about the other mindset types [here](https://mindsetquotienttest.com/results-extended).
(<https://mindsetquotienttest.com/results-extended>)

"Where do I go from here?"

Learn how to harness the power of your optimism to experience real, measurable results. Return to the website and explore our [recommended resources](https://mindsetquotienttest.com/results-5ro/) (<https://mindsetquotienttest.com/results-5ro/>).

By the way... nice score!

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