

Your Mindset Quotient Test Full Analysis

5TH REALM/REALIST

Universal Law (L) Operation / Application of Success Principles		5	Defender / 5th Realm D5R	Achiever / 5th Realm A5R	Exemplar / 5th Realm E5R	Vessel / 5th Realm V5R	5RC
		Sage (S)	Defender / Sage DS	Achiever / Sage AS	Exemplar / Sage ES	Vessel / Sage VS	5th Realm / Sage 5RS
		4 Optimist (O)	Defender / Optimist DO	Achiever / Optimist AO	Exemplar / Optimist EO	Vessel / Optimist VO	5th Realm / Optimist 5RO
		3 Sentry (N)	Defender / Sentry DN	Achiever / Sentry AN	Exemplar / Sentry EN	Vessel / Sentry VN	5th Realm / Sentry 5RN
		1 Realist (R)	Defender / Realist DR	Achiever / Realist AR	Exemplar / Realist ER	Vessel / Realist VR	5th Realm / Realist 5RR
			1 Defender (D)	2 Achiever (A)	3 Exemplar (E)	4 Vessel (V)	5
		Motivation / Ideals in Relationships					
		Humanity (H)					

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5th Realm/Realist (5RR)

Points (H) 5.00, (L) 0.00-1.99

Refined, pure-hearted, intelligent, grounded

Overview - A place of serenity where one's greatest purpose and joy aligns with Source or God's own work and glory. However, since a person with this combination easily finds satisfaction in the status quo, he/she may align more in desire than in actual behavior, and may be prone to stagnation.

Strengths - Selfless, compassionate, serene, discerning, steady, confident, wise, patient, easy going, pleasant.

Drawn to - comfort and strengthen others, self-reliance, love, anonymity, peace, and ease, focused on self-reliance.

Combination Analysis - The 5th Realm or outer level of the matrix is where remaining burdens, concerns, entanglements and ulterior motives melt away. It's where we begin to experience the ultimate way of being, feeling whole, complete, unhindered and serene.

This level is attained after enduring well ALL of the necessary experiences, and gaining all of the related skill sets on the path. We do not jump to this space without passing the tests of the previous levels. The fires of all four lower levels from each axis are necessary to be experienced fully before one is refined enough to become 5th Realm Complete.

It is in this space where we fully realize that all fears and perceived threats were merely shadows of the truth, and where we work privately with our Creator to purify and cleanse any remaining blots, barbs, or stains from our minds and hearts.

You likely came to the 5th Realm state and discovered its unexpected rewards through at least one excruciating, life-altering experience, where your desires were sacrificed for the good of another. This may have been imposed on you, or accepted by choice, but it was your response to the experience that lifted you to this state.

Having chosen an unconventional response and expecting to suffer for it, you may have been surprised to experience the mystery promised that *he who loses his life for God's sake shall find it*. Who knew you could experience such an exquisite moment of perfection and depth of serenity in coming to peace with something so dreadful? Having experienced this ascension once, you now seek and find uncommon joy in conquering hard things.

Yet, although it may appear to others that you have, in some ways, accepted a life of suffering and sacrifice, you are not a victim. The selflessness gained through those series of decisions came from a position of strength, and choice. Your forbearance

was not imposed on you, it was consciously adopted, and willingly accepted, even embraced.

It is in this outer realm where all remaining ego, prejudices, hidden vices, fears, and grudges are dealt with and purged forever. It is a place of true serenity where one's greatest purpose and joy aligns with Source or God's own work and glory, free from any other motive. It is to be one with God - the ultimate endeavor - and few there be that find it.

While nobody knows better than you that you are not a perfect person, these moments of perfection and sacrifice have elevated you, rather than diminishing you. Your unassuming way of being is a strength that emanates power and influence which cannot be measured, and which can be employed in no other way. This is why what you have achieved is so rare. Even though your life will continue to have its ups and downs, its failures and successes, you will always be able to return to that place of serenity which you discovered in your extremity, whenever you remember and return to the steps that put you there the first time.

While you likely experience satisfaction and fulfillment in your significant relationships, sometimes you feel that circumstances beyond your control have been keeping you from experiencing the results in other areas that you really want. Despite your efforts to make changes, nothing has seemed to work, at least permanently. You may struggle to get ahead. You don't let yourself get too weary from repeated disappointments, but hope that one day things may finally change for you.

You're always open to learning more, if there's truly something new to learn, and if it makes logical sense. Still, it's easy to be disappointed when things go wrong. You are more likely to trust science and academia than social media, empirical proof more than a (probably fabricated) testimonial, and you trust yourself to get things done more than almost anyone else.

Other Common Attributes:

- You try to always be prepared for the worst.
- You feel that if other people would just do their part, you'd be able to avoid more of life's hardships.

Possible Blind Spots - Be wary not to brag that you scored in the 5th Realm, because an honest person with this depth of character will be the least likely to make the status known. Your tendency to think things may never change pinches off the

possibility that life could be more abundant for both you, AND those you love to help. Consider the possibility that your conditions can improve as you learn more about the universal laws and principles that impact your outcomes whether you realize it or not.

One who grows beyond the 5th Realm/Realist stage of development will attest to the following:

“You know you are on the right track when you become uninterested in looking back.” — Mel Robbins

Change your score, Change your life!

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(<https://mindsetquotienttest.com/results-extended>)

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