

Your Mindset Quotient Test Full Analysis

5TH REALM/SENTRY

Universal Law (L) Operation / Application of Success Principles		5	Defender / 5th Realm D5R	Achiever / 5th Realm A5R	Exemplar / 5th Realm E5R	Vessel / 5th Realm V5R	5RC
		5 Sage (S)	Defender / Sage DS	Achiever / Sage AS	Exemplar / Sage ES	Vessel / Sage VS	5th Realm / Sage 5RS
		4 Optimist (O)	Defender / Optimist DO	Achiever / Optimist AO	Exemplar / Optimist EO	Vessel / Optimist VO	5th Realm / Optimist 5RO
		3 Sentry (N)	Defender / Sentry DN	Achiever / Sentry AN	Exemplar / Sentry EN	Vessel / Sentry VN	5th Realm / Sentry 5RN
		1 Realist (R)	Defender / Realist DR	Achiever / Realist AR	Exemplar / Realist ER	Vessel / Realist VR	5th Realm / Realist 5RR
			1 Defender (D)	2 Achiever (A)	3 Exemplar (E)	4 Vessel (V)	5
		Motivation / Ideals in Relationships					
		Humanity (H)					

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5th Realm/Sentry (5RN)

Points (H) 5.00, (L) 2.00-2.99

Refined, pure-hearted, watchful, prudent

Overview - A place of serenity where one's greatest purpose and joy aligns with Source or God's own work and glory. Cautious without being fearful. Rule follower, respectful. Steady, dependable, and willing, but hesitant to stretch beyond what is comfortable.

Strengths - Selfless, compassionate, serene, discerning, steady, confident, wise, patient, easy going, pleasant, watchful, prudent, cautious, skeptical, analytical, detail oriented.

Drawn to - comfort and strengthen others, fairness, mitigating risk, avoiding danger.

Combination Analysis - The 5th Realm or outer level of the matrix is where remaining burdens, concerns, entanglements and ulterior motives melt away. It's where we begin to experience the ultimate way of being, feeling whole, complete, unhindered and serene.

This level is attained after enduring well ALL of the necessary experiences, and gaining all of the related skill sets on the path. We do not jump to this space without passing the tests of the previous levels. The fires of all four lower levels from each axis are necessary to be experienced fully before one is refined enough to become 5th Realm Complete.

It is in this space where we fully realize that all fears and perceived threats were merely shadows of the truth, and where we work privately with our Creator to purify and cleanse any remaining blots, barbs, or stains from our minds and hearts.

You likely came to the 5th Realm state and discovered its unexpected rewards through at least one excruciating, life-altering experience, where your desires were sacrificed for the good of another. This may have been imposed on you, or accepted by choice, but it was your response to the experience that lifted you to this state.

Having chosen an unconventional response and expecting to suffer for it, you may have been surprised to experience the mystery promised that *he who loses his life for God's sake shall find it*. Who knew you could experience such an exquisite moment of perfection and depth of serenity in coming to peace with something so dreadful? Having experienced this ascension once, you now seek and find uncommon joy in conquering hard things.

Yet, although it may appear to others that you have, in some ways, accepted a life of suffering and sacrifice, you are not a victim. The selflessness gained through those series of decisions came from a position of strength, and choice. Your forbearance

was not imposed on you, it was consciously adopted, and willingly accepted, even embraced.

It is in this outer realm where all remaining ego, prejudices, hidden vices, fears, and grudges are dealt with and purged forever. It is a place of true serenity where one's greatest purpose and joy aligns with Source or God's own work and glory, free from any other motive. It is to be one with God - the ultimate endeavor - and few there be that find it.

While nobody knows better than you that you are not a perfect person, these moments of perfection and sacrifice have elevated you, rather than diminishing you. Your unassuming way of being is a strength that emanates power and influence which cannot be measured, and which can be employed in no other way. This is why what you have achieved is so rare. Even though your life will continue to have its ups and downs, its failures and successes, you will always be able to return to that place of serenity which you discovered in your extremity, whenever you remember and return to the steps that put you there the first time.

You are a careful, hard worker who knows you'll achieve your goals if you give it everything you've got, as long as nothing gets in the way. The problem is, things often get in the way. Life sometimes seems unfair, unpredictable, or unfortunate.

You're resourceful and manage to get through each challenge eventually, but sometimes you do long for a lucky break. Although you live life guarded, your healthy skepticism often keeps you safe. Like a sentinel, you're always on the lookout for pitfalls and do a good job avoiding them. But sometimes you're concerned about being stuck where you are.

You'd like things to improve in several areas of your life, but so far, your efforts haven't caused any real giant leaps forward, and you may be unsure whether your thinking has any real effect on your results. Because things don't always work out the way you intended, it can be easy to feel as though you don't have a lot of control over your results, no matter how hard you try.

Sometimes life seems to be in the hands of fate, because no matter what you do, the same kinds of results keep happening. You believe positive thinking may help you live a better life, but haven't seen a whole lot of evidence that doing so has a real effect on your results. Sometimes your reason for thinking positive is to simply avoid regrets, more than it is to cause a change.

As an intellectual, you strive to look ahead and mitigate risk, and you value fairness. Your talent for recognizing potential problems can be a blessing and a curse. Even when you intentionally choose an outcome different from the default future, it can sometimes be hard to focus more on the happy potential than on the possible failure. After all, you've been burned before.

You're more likely to be motivated by avoiding problems and hardships than by seeking experiences you'll enjoy. When facing a crisis, you always feel better when you can talk about the problem from every angle, to uncover the reason it happened and to help you avoid similar issues in the future. You're open to other people's opinions as long as they're cautious or prudent like you, but wouldn't it be nice if there weren't always so many problems to talk about?

Other Common Attributes:

- When it comes to your goals or desires, you see yourself as someone who will accomplish them as long as you can find a safe path.
- Accomplishing your vision and goals would be easier if there weren't so many risks.
- You quickly identify the dangers of new ideas, and readily warn others who can't see them as easily.
- You are steadfast in holding your position when the potential for negative outcomes arise, and you wish others around you weren't so eager and careless to proceed despite them.
- You may be easily triggered by stressful situations, and go out of your way to mitigate them.
- You are cautious about changes that require you to step into the unknown.
- You may spend more time organizing the life you've already built than planning for the achievement of new goals or desires.
- You might describe yourself as free from past emotional trauma, but others who know you may disagree.

Possible Blind Spots – Be wary not to brag that you scored in the 5th Realm, because of all the mindset types on the grid, an honest person with this depth of character will be the least likely to make his or her status known. Because you've already discovered so many secrets to rewarding relationships, your pride can sometimes get in the way of learning how to live even better. You may be inclined to

disengage instead of solve a problem, and you may be inclined to retreat from an opportunity if it doesn't perfectly fit into your existing comfort zone.

One who grows beyond the 5th Realm/Sentry stage of development will attest to the following:

"Once you choose hope, anything is possible." - Christopher Reeves

Change your score, change your life!

Learn about the other mindset types [here](https://mindsetquotienttest.com/results-extended).
(<https://mindsetquotienttest.com/results-extended>)

Where do I go from here? - Learn how to use your unique skill of foresight to create real, measurable improvements in your life, and use the laws of success to achieve more with less effort. Return to the website and explore our [recommended resources](https://mindsetquotienttest.com/results-5rn/) (<https://mindsetquotienttest.com/results-5rn/>), or download the [FREE ebook here](http://www.jackrabbitfactor.com) (www.jackrabbitfactor.com).