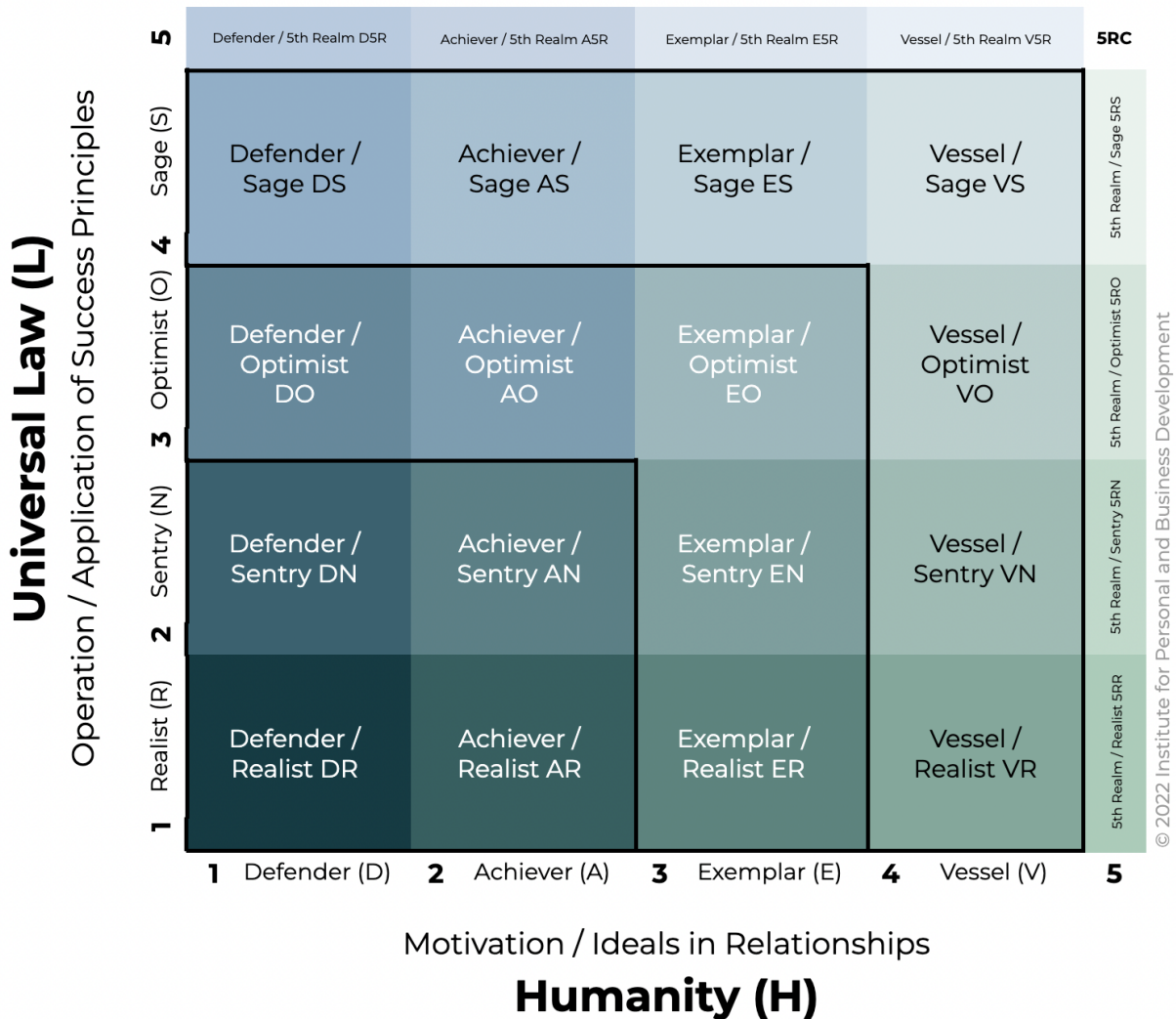


# Your Mindset Quotient Test Full Analysis

## ACHIEVER/OPTIMIST



### Achiever/Optimist (AO)

Points (H) 2.00-2.99, (L) 3.00-3.99

Performer, producer, bright, inspiring

**Overview** - The ultimate go-getter. Charismatic, successful, forward thinking but sometimes careless. Over promises, sometimes under delivers, but always spins it to be A-OK.

**Strengths** - Responsible, producer, high performer, admired, dependable, leader, mover, shaker, doer, initiator, generator, high achiever, perfectionist, creative, imaginative, inventive, insightful, ingenious, enterprising, innovative, perceptive, clever, talented, gifted, resourceful, discerning, sharp, shrewd.

**Driven by** - Success, the public victory, growth, progress, expansion, popularity, vision, being happy, focused on persistence or hope.

**Combination Analysis** - A success-minded high performer. When given a task, you can knock it out in record time. Life is good as long as you're checking things off your list, but when you don't know what to do next, you can sometimes experience a void that is only filled by setting another goal or checking off another task.

You aim high and have a perfectionist's eye for detail. When something needs to be done, you can usually do it without supervision. Some people may view you as a "mover and a shaker".

Your self-esteem is boosted by the feeling of growth, progress, and expansion, and it can be hard to understand why others don't want to move and grow at the same pace. Your drive has brought you to the accomplishment of some great achievements, so it can be puzzling when those closest to you don't always appreciate your dedication to excellence.

You are a joy to be around! You've worked hard to fine-tune your thinking because you know how important it is. You're a high achiever and a cheerleader. Your idealist personality inspires others. You have big dreams, and are rarely idle. When you do allow yourself a break, it's easy to feel guilty that you're not doing more. You're imaginative, enterprising, intuitive, and resourceful, but sometimes you struggle to utilize that rare kind of faith that causes things to happen, especially the ones that are beyond your natural control.

Sometimes you're not sure why your optimism hasn't caused things to improve more quickly. You're good at practicing all the positive thinking tips, but you often feel stuck, having not yet realized the changes that matter most to you. You would like to be more naturally tenacious and faithful. Deep down you want to believe there is unseen help, but sometimes it's hard to recognize if any help is really happening.

Even when you deal with stress, you can usually manage to get it under control. When dealing with fear or anxiety, you're able to shift gears back to optimism with some effort. You believe that anything is possible, and your actions show it.

You set lofty goals, and hold expectations for their accomplishment with a fair amount of mental tenacity, even if that determination is not reflected in your actions.

When things get worse instead of better, you believe that you can turn things around with more learning, or more intense positivity. When things go wrong, you can usually find a silver lining in the cloud, and you trust that this thought-habit will pay off in real results, eventually.

Each interaction with others is a potential opportunity to make progress toward your goals, and you strive to make the most out of every situation. Even though optimism is your chosen habit, waiting for the desired results can sometimes feel exhausting.

Staying positive all the time can be difficult, but it doesn't keep you from striving to live that way. Sometimes, however, you do wonder how long it will take before you'll finally experience the big results you've been longing for.

### **Other Common Attributes of the Achiever/Optimist:**

- You believe you are in charge of your destiny.
- You have worked hard for what you've achieved.
- You feel the need to be prepared at all times to pivot.
- You know that even if you lose everything, you still have yourself and thus the ability to turn things around.
- Everything works out better when people listen to you.
- It's not important for you to be seen but you can't seem to avoid it.
- You think life is what you make it, so why not make it what you want?
- You wish more people in your life understood you and could appreciate your efforts to make life better for everyone.
- You love people and wish you could be more available for them, but you have to get that project finished.
- You are not afraid of deeper relationships, you're just really busy.
- You don't think you are pushing yourself too hard. Your work is how you relax, and you enjoy it.
- You are surrounded by people who believe the need to perform is exhausting. Those same people always seem to need your help.

- You believe it is important to always have a goal that challenges your creativity to do more.
- To you, happiness comes from accomplishing the next big thing.
- You would love to just relax, but then how will things get completed?
- You enjoy being around people who are working on creative concepts and innovations.
- You see every day as an opportunity to move the needle forward.
- You embrace challenges as tools for learning and growing.
- You pursue goals tirelessly and complete your tasks with excellence.
- When it comes to your goals or desires, you usually see yourself as someone who will accomplish them, eventually.
- The people in your life do not always hear and understand you, but that doesn't stop you from pursuing your goals.
- New ideas come often and easily to you but sometimes you struggle to follow-through.
- You are quick to adjust your mindset when the potential for negative outcomes arise, and you wish others around you would do the same.
- Your vision for the world and how to make a difference for others is ever evolving.
- You are not triggered easily by stressful situations, but when you are, you recover quickly.
- You wish you had more freedom to make your life the way you want it to be.
- You may be mostly free from past emotional trauma, and you deal pretty well with that which does get in the way.

### **Possible Blind Spots:**

Impatience, imbalance, ego, interrupting others, irritated easily, busy but not always productive, careless, insensitive. Because you're highly driven and not always patient, and because you are an eternal optimist believing you'll always find a way out of your predicaments, some individuals with this mindset combination type may have a tendency to go into more debt than they can realistically manage. Because you think highly of yourself, it may be hard for you to consider areas of your life that need improvement. You're a big dreamer and it would be wise to give your results a chance to catch up with your vision before launching into yet another exciting endeavor. If things are good now, imagine how much better they could be when you allow yourself to learn new perspectives and strategies for success. For some in this category, life is thrilling as long as they're winning, but when things don't go their way they sometimes experience a void that can only be filled by the next win. It may be wise to slow down to enjoy, appreciate, and build more depth in your

relationships for those kinds of rewards that can be experienced in no other way. New ideas may come often and easily but make sure you use your strengths to help you overcome the struggle you may have with following-through.

**One who grows beyond the Achiever/Optimist stage of development will attest to the following:**

*“Wisdom is the principal thing; therefore, get wisdom and in all thy getting, get understanding.” (Proverbs 4:7)*

Change your score, Change your life!

Learn about the other mindset types [here](#).  
(<https://mindsetquotienttest.com/results-extended>)

**“Where do I go from here?”** - Learn how to harness the power of your optimism to experience real, measurable results, and discover how to use the laws of success to achieve more with less effort. Return to the website and explore our [recommended resources](#) (<https://mindsetquotienttest.com/extended-results-ao/>) or download the [FREE ebook here](#) ([www.jackrabbitfactor.com](http://www.jackrabbitfactor.com)).