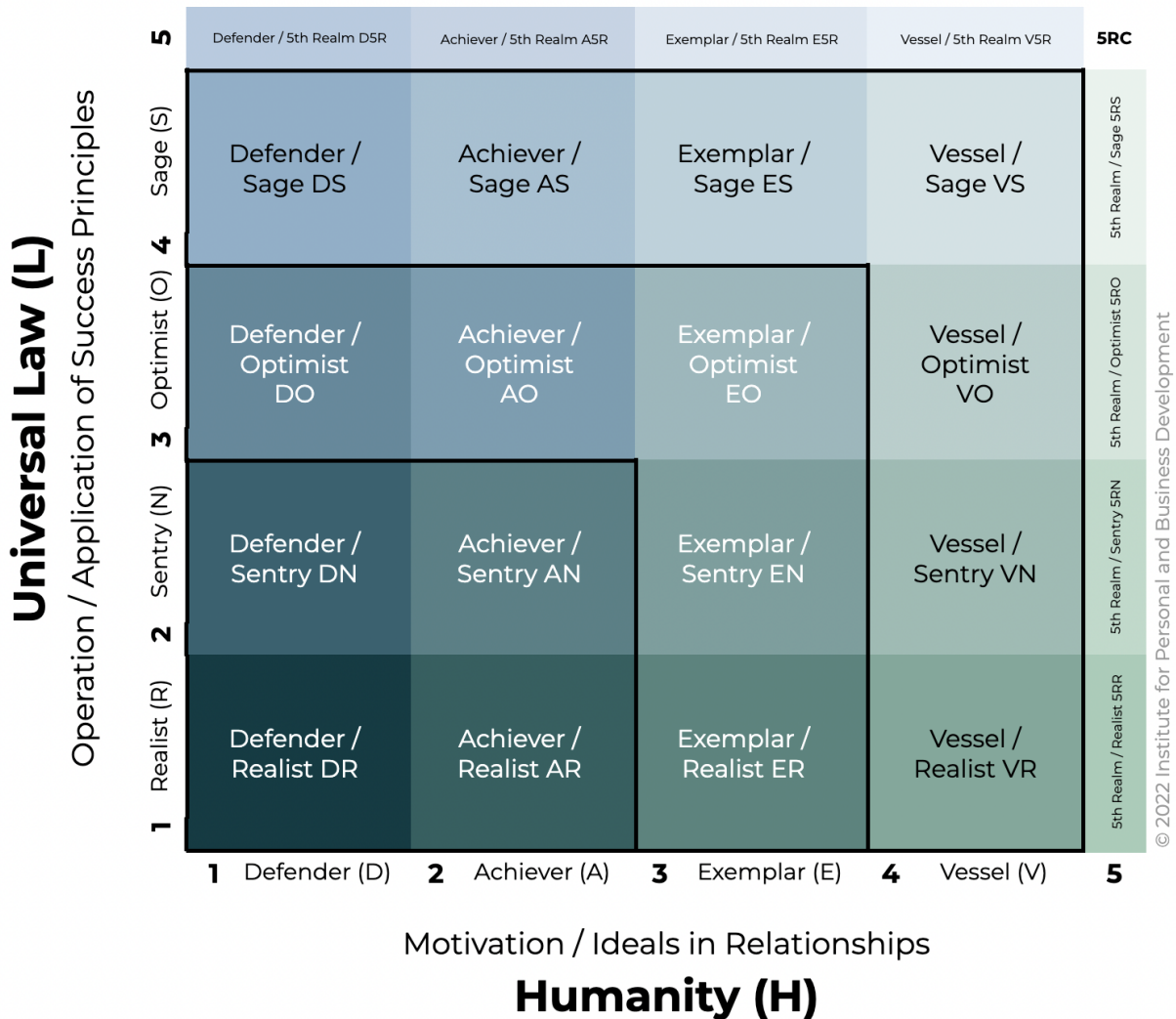


Your Mindset Quotient Test Full Analysis

ACHIEVER/REALIST



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Achiever/Realist (AR)

Points (H) 2.00-2.99, (L) 0.00-1.99

Performer, producer, shrewd, strong-willed

Overview - In conflict with self, you may see yourself as ambitious but lack the real results you seek. You may tend to overthink everything. This type tends to wait until everything is lined up before starting a project or adventure, and as a result, the desired outcome may remain elusive. You're motivated by the idea of a victory, but in reality, satisfied to live it only in your head.

Strengths - Responsible, cautiously ambitious, admired, calculated, smart, grounded, methodical.

Driven by - Growth, progress, expansion, big ideas, overcoming challenges, and the anticipated victory, focused on self-reliance.

Combination Analysis - A success-minded high performer. When given a task, you can knock it out in record time. Life is good as long as you're checking things off your list, but when you don't know what to do next, you can sometimes experience a void that is only filled by setting another goal or checking off another task.

You aim high and have a perfectionist's eye for detail. When something needs to be done, you can usually do it without supervision. Some people may view you as a "mover and a shaker".

Your self-esteem is boosted by the feeling of growth, progress, and expansion, and it can be hard to understand why others don't want to move and grow at the same pace. Your drive has brought you to the accomplishment of some great achievements, so it can be puzzling when those closest to you don't always appreciate your dedication to excellence.

You pride yourself in being intelligent and grounded in the way you operate and in the execution of your goals. You feel deeply and wish for a better life, but often circumstances beyond your control keep you from enjoying the results you want. You've tried to make changes, but nothing seems to work, at least permanently. It's hard to believe things will ever change. You often feel unlucky, and struggle to get ahead, but as long as you're working the checklist, you feel like you must be making progress—and sometimes that's enough. You're weary from repeated disappointments and skeptical of anyone who tells you things can improve. Basically, you'll believe it when you see it.

Sometimes you feel that people who offer solutions have ulterior motives. While some people may call you a cynic, you call it wisdom. You can relate with the saying, "Fool me once, shame on you. Fool me twice, shame on me." You're determined never to be fooled again.

You're always open to learning more, if there's truly something new to learn, and if it makes logical sense. Still, it's easy to feel upset when things go wrong, and you may fundamentally disagree with anyone who claims that your thoughts play any role in causing your misfortune. You are more likely to trust science and academia than social media, empirical proof more than a (probably fabricated) testimonial, and you trust yourself to get things done more than almost anyone else.

Other Common Attributes of the Achiever/Realist

- You believe you are in charge of your destiny.
- You have worked hard for what you've achieved.
- You feel the need to be prepared at all times to pivot.
- You know that even if you lose everything, you still have yourself and thus the ability to turn things around.
- Everything works out better when people listen to you.
- It's not important for you to be seen but you can't seem to avoid it.
- You think life is what you make it, so why not make it what you want?
- You wish more people in your life understood you and could appreciate your efforts to make life better for everyone.
- You love people and wish you could be more available for them, but you have to get that project finished.
- You are not afraid of deeper relationships, you're just really busy.
- You don't think you are pushing yourself too hard. Your work is how you relax, and you enjoy it.
- You are surrounded by people who believe the need to perform is exhausting. Those same people always seem to need your help.
- You believe it is important to always have a goal that challenges your creativity to do more.
- To you, happiness comes from accomplishing the next big thing.
- You would love to just relax, but then how will things get completed?
- You enjoy being around people who are working on creative concepts and innovations.
- You see every day as an opportunity to move the needle forward.
- You embrace challenges as tools for learning and growing.
- You pursue goals tirelessly and complete your tasks with excellence.
- You try to always be prepared for the worst.
- You feel that if other people would just do their part, you'd be able to avoid more of life's hardships.

Possible Blind Spots - This mindset type combination is likely to confuse busy-ness with productivity. It places a high value on appearing actively engaged in work, but the results may not adequately reflect the amount of effort or energy expended. You may be inclined to show impatience, imbalance, ego, interrupt others, or demonstrate anger when things go wrong, which can negatively affect your work and family relationships.

One who grows beyond the Achiever/Realist stage of development will attest to the following:

“Being busy means doing stuff, being productive means getting stuff done.” -
Melanie Fleming

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Learn about the other mindset types [here](#).
(<https://mindsetquotienttest.com/results-extended>)

“Where do I go from here?” - Discover how your mindset type can gain an uncommon advantage in achieving goals. Learn how to use the laws of success to achieve more with less effort. Return to the website and explore our [recommended resources](#) (<https://mindsetquotienttest.com/extended-results-ar/>) or download the [FREE ebook here](#) (www.jackrabbitfactor.com).