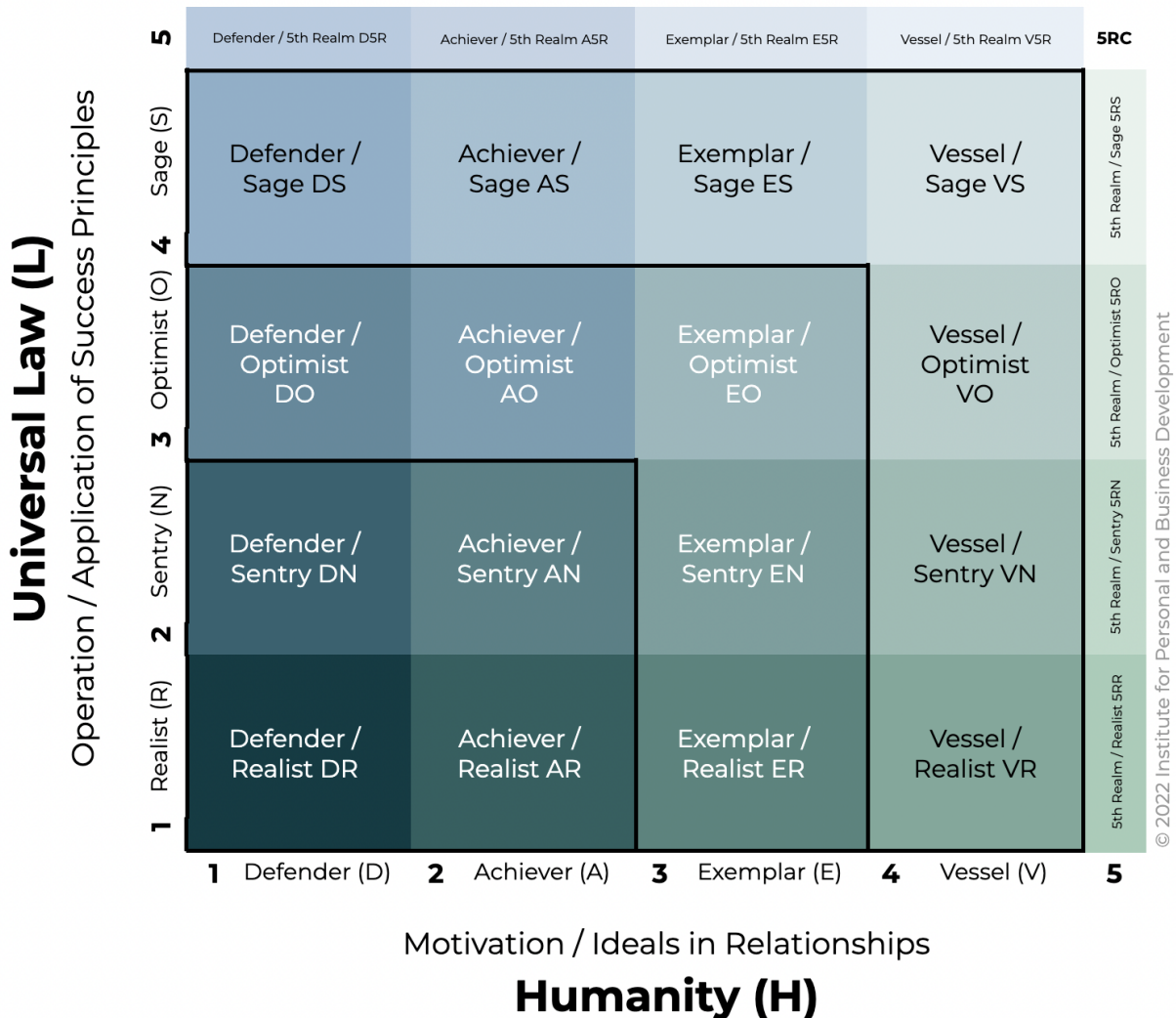


Your Mindset Quotient Test Full Analysis

DEFENDER/SAGE



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Defender/Sage (DS):

Points (H) 0.00-1.99, (L) 4.00-4.99

Protector, reactor, wise, empowered

Overview - This mindset type is rare. His/her understanding of and relationship with the universal laws of success is off the charts, but his/her skill with people is severely lacking. This is the mindset type that, without correction, is headed for a wealthy but lonely demise. His/her motivations may be selfish or materialistic. He may appear outwardly successful but may have very few close relationships with whom to enjoy it.

Strengths - Loyal, patient, pragmatic, street smart, responsible, experienced, wise, calm, knowledgeable, intelligent, sensible.

Driven by - Personal emotional needs, self-preservation, long term security, a desire to get in on life's best experiences, focused on principles.

Combination Analysis - The Defender in you has a sixth-sense about others' intentions, and you may be sensitive, sometimes to a fault. Your keen observation skills sometimes get in the way of seeing what's possible, and you may resist change, especially when it is imposed by someone else. The struggle with fear may be running in the background - a fear of loss, fear of falling short, or fear of change. You value stability and predictability in relationships.

When threatened, you are quick to react, either by going quiet to de-escalate a conflict, or by fighting to end the conflict as soon as possible. In either case, you need things to be resolved quickly. There is no in-between for the Defender. It's your deep need for things to be the way they should be that keeps you from responding only half-way.

The retreator version of the Defender may be accused of being too sensitive, or for playing the role of a martyr. The fighter version of the Defender may be criticized for being brash, blunt, or too demanding. In either case, it is the potential threat to your identity and safety in your relationships that may cause you to retreat, deflect, deny, or blame an accuser. Both responses show a deep need to protect who you are and what's yours, because you've worked too hard to survive this far.

Because you often find yourself living in survival mode, your default objective may be to preserve the status quo, even if it's undesirable.

You have experience with intentional goal achievement, and make empowered decisions. You understand there are fewer risks more dangerous than a careless mindset. As mastering one's mindset can be a lifelong pursuit, your mindset type is among the most conscious of where you fall short.

Not only have you discovered the power of your thoughts, but you've learned to employ them intentionally for achieving sometimes seemingly impossible goals. You learn from your mistakes, and forge ahead courageously. You have experience with that rare kind of faith that causes things to happen—and whether you know it or not, you've likely participated in miracles.

Even if you can't see it, and even if the world doesn't know your name, you are beginning to live a legendary life. If you are not already wealthy, you are headed in a good direction. Going forward, look for evidence that the wealth you enjoy is directly related to the amount you need to accomplish the next step for your life's mission.

At the Exemplar/Sage stage of development, you do not measure success in dollars, but in influence and legacy. Your values and principles run like a thread through everything you do. You are a deep thinker, clever, creative, and intelligent. You show great knowledge and sense.

You are beginning to understand the laws of success, learning to rely on them to help you overcome every obstacle. You believe in unseen help and may be aware of experiencing its sometimes inexplicable assistance.

You are generous and pleasant. You hold other people in high regard. You move forward with faith, even if you don't see how the goal will be achieved. You're on track to mastering your mindset and will continue to achieve everything you set out to do, as you continue to choose goals that are aligned with your divine mission.

Other Common Attributes of the Defender/Sage:

- Observant and aware of other's reactions and feelings.
- Excellent/detailed memory for what is important to others.
- Quick to adjust to any surrounding with a sense of the environment's functions and how to best use them.
- Reliable for follow through and completion of tasks.
- Grounded, practical, and dependable.
- Does not like working with abstract thought or theory.

- Finds it difficult to do things that don't make sense to you.
- Appreciates tradition, security, and living a peaceful life.
- Naturally focuses on what people need and want.
- Considerate, kind, and thoughtful.
- Inclined to put the needs of others above your own.
- Learns best in environments where people are supportive of one another.
- Takes responsibilities seriously.
- When others are attacked, you feel the need to protect.
- Feels that values and principles are more important than ideals and standards.
- Willing to do almost anything necessary to deliver on a promise.
- Tries to be as generous as possible with loved ones but is sometimes left feeling taken for granted.
- Friendly, affirming atmospheres fill the soul with meaning and happiness.
- Confident about goal achievement, and selective about what to pursue.
- You are quick to adjust your mindset when the potential for negative outcomes arise.
- Goals are not extensively delayed by unresolved issues from your past.
- Your leadership and influence is not dependent on your having a particular title or position.
- Your vision and goals tend to have a divine, inspired, or uplifting purpose.
- You spend less time analyzing your problems and more time focused on affecting the desired outcome.

Possible Blind Spots - Your personality and demeanor is peaceful and self-assured, but you may be more reactive and demanding than you think. You're smart, but that doesn't make everyone else stupid. Discover the unique qualities in each of the important people in your life, and value them for the variety and differences they possess. Playing the martyr in conflicts does not serve you, and you'll find greater fulfillment in your relationships if you will show more vulnerability. This mindset type can be self-centered and pretentious. While your career may flourish, your relationships may be stunted, and you will find greater balance and fulfillment by giving a higher priority to discovering what you don't know about your fellow human beings. You're too evolved and too wise in other things to miss this piece. Because you've come this far having grown so much, individuals at this stage of development may struggle with being teachable.

One who grows beyond the Defender/Sage stage of development will attest to the following:

"You don't inspire your teammates by showing them how amazing you are. You inspire them by showing them how amazing they are." – Robyn Benincasa

Change your score, change your life!

Learn about the other mindset types [here](#).
(<https://mindsetquotienttest.com/results-extended>)

"Where do I go from here?" - Although you have the skills to make things go your way, you will enjoy greater life balance by including others in your success, and applying what you know about success principles to relationship goals.

Find out how to solve the immediate challenge right in front of you, so you can focus on what will matter most in the long run. Return to the website and explore our [recommended resources](#) (<https://mindsetquotienttest.com/extended-results-ds/>) or download the [FREE ebook here](#) (www.jackrabbitfactor.com).