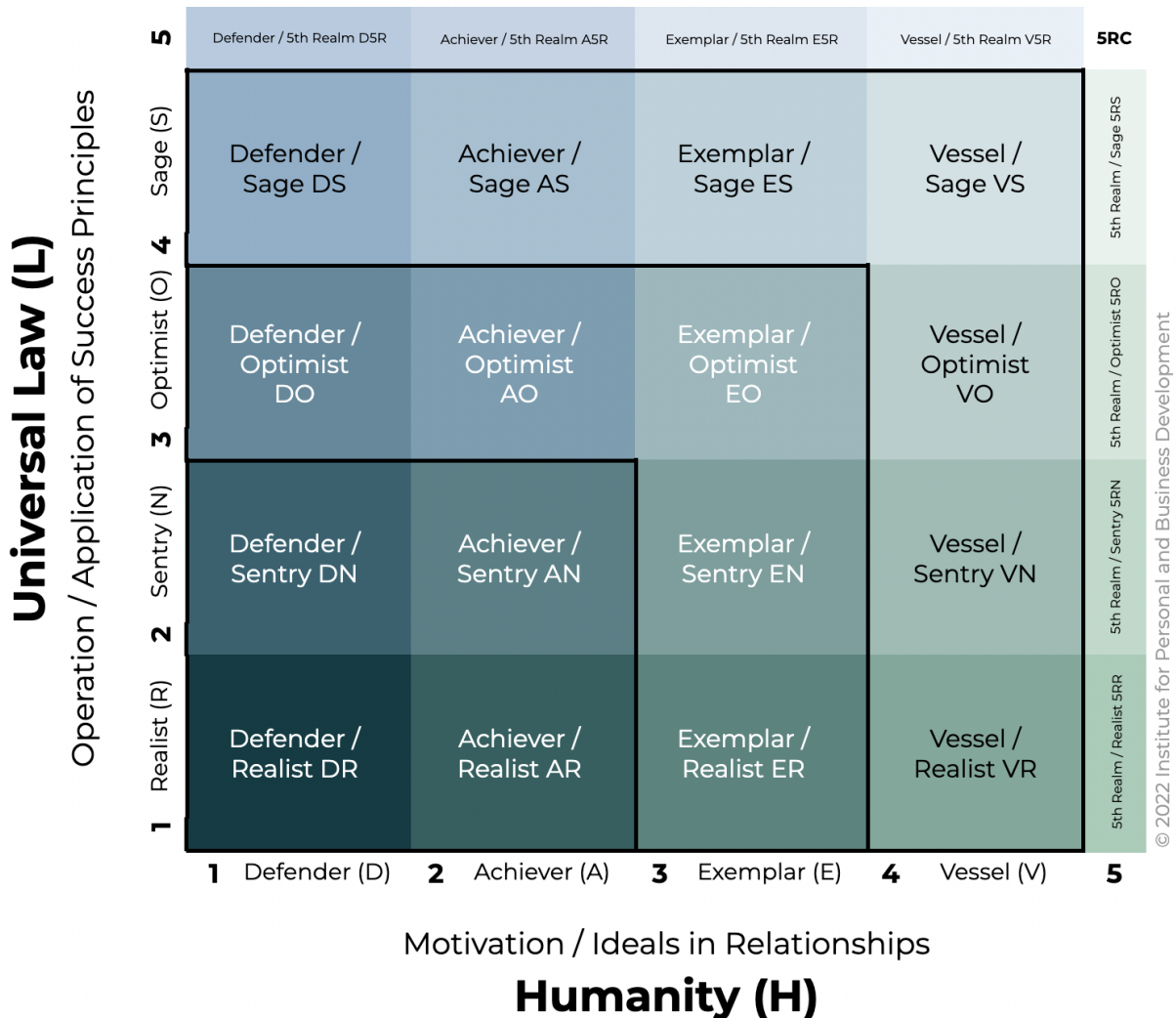


Your Mindset Quotient Test Full Analysis

EXEMPLAR/SENTRY



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Exemplar/Sentry (EN)

Points (H) 3.00-3.99, (L) 2.00-2.99

Philanthropist, supporter, watchful, prudent, pragmatic

Overview - Wants to help others but is sometimes stopped by concerns about running out of resources. Feels good when serving and lifting humanity, while swinging back regularly to focus on meeting his or her own needs.

Strengths - Supportive, selfless, watchful, prudent, cautious, analytical, detail oriented.

Driven by - Fairness, mitigating risk, the joy of contribution and impact, focused on avoiding danger.

Combination Analysis

You have a heart of gold. Life's experiences have brought you to a place where you love feeling the joy of helping others overcome their challenges and find relief from their burdens. You enjoy the high that comes from giving of yourself for the benefit of others. Even if you don't think so, the world is a better place because you are here. You hope to make a meaningful contribution that helps your fellow human beings.

You are a careful, hard worker who knows you'll achieve your goals if you give it everything you've got, as long as nothing gets in the way. The problem is, things often get in the way. Life sometimes seems unfair, unpredictable, or unfortunate.

You're resourceful and manage to get through each challenge eventually, but sometimes you do long for a lucky break. Although you live life guarded, your healthy skepticism often keeps you safe. Like a sentinel, you're always on the lookout for pitfalls and do a good job avoiding them. But sometimes you're concerned about being stuck where you are.

You'd like things to improve in several areas of your life, but so far, your efforts haven't caused any real giant leaps forward, and you may be unsure whether your thinking has any real effect on your results. Because things don't always work out the way you intended, it can be easy to feel as though you don't have a lot of control over your results, no matter how hard you try.

Sometimes life seems to be in the hands of fate, because no matter what you do, the same kinds of results keep happening. You believe positive thinking may help you live a better life, but haven't seen a whole lot of evidence that doing so has a real effect on your results. Sometimes your reason for thinking positive is to simply avoid regrets, more than it is to cause a change.

As an intellectual, you strive to look ahead and mitigate risk, and you value fairness. Your talent for recognizing potential problems can be a blessing and a curse. Even when you intentionally choose an outcome different from the default future, it can sometimes be hard to focus more on the happy potential than on the possible failure. After all, you've been burned before.

You're more likely to be motivated by avoiding problems and hardships than by seeking experiences you'll enjoy. When facing a crisis, you always feel better when you can talk about the problem from every angle, to uncover the reason it happened and to help you avoid similar issues in the future. You're open to other people's opinions as long as they're cautious or prudent like you, but wouldn't it be nice if there weren't always so many problems to talk about?

Other Common Attributes:

- Taking in the views of others even when they are in opposition of your own.
- Having a desire to understand the needs and motivations of others.
- Having a long-term view for making a positive change in the world.
- Wanting to support more than temporary fixes.
- Thinking it is important to invest in long-term solutions to make significant societal changes for the good of humanity.
- Believing the best investment is in people, and that investing in others produces progress on the whole.
- Supporting causes that transform the lives of others, building self-sufficiency.
- Wanting money, resources, and time to be used efficiently and in an organized way to promote self-sustaining change in the world.
- Believing the secret to living is giving and that by contributing to others we all create more meaning in our lives.
- Not caring about the glory; instead caring about making a positive difference.
- Having a mindset that the more you receive, the more you have to give.
- Inclined to help when others are suffering.
- When it comes to your goals or desires, you see yourself as someone who will accomplish them as long as you can find a safe path.
- Accomplishing your vision and goals would be easier if there weren't so many risks.
- You quickly identify the dangers of new ideas, and readily warn others who can't see them as easily.
- You are steadfast in holding your position when the potential for negative outcomes arise, and you wish others around you weren't so eager and careless to proceed despite them.

- You may be easily triggered by stressful situations, and go out of your way to mitigate them.
- You are cautious about changes that require you to step into the unknown.
- You may spend more time organizing the life you've already built than planning for the achievement of new goals or desires.
- You might describe yourself as free from past emotional trauma, but others who know you may disagree.

Possible Blind Spots

With a heart so inclined to help others, you may be more paralyzed by caution than you'd like to admit. Your cynicism is both a superpower and a handicap, in that it helps you empathize with the recipients of your support, but it also prevents you from identifying the true, lasting relief opportunities that you could otherwise facilitate. There is more unseen help available to you than you know, for your own benefit as well as for others. Discovering how to access that assistance will help you accomplish your purposes more easily as you learn to understand more deeply and abide by dependable universal principles that can lead you to greater success in all your endeavors.

One who grows beyond the Exemplar/Sentry stage will attest to the following:

"Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and creation), there is one elementary truth, the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then Providence moves too.

"All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favour all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamt would have come his way. I have learned a deep respect for one of Goethe's couplets:

'Whatever you can do, or dream you can, begin it. Boldness has genius, power, and magic in it!'" - William Hutchison Murray

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(<https://mindsetquotienttest.com/results-extended>)

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