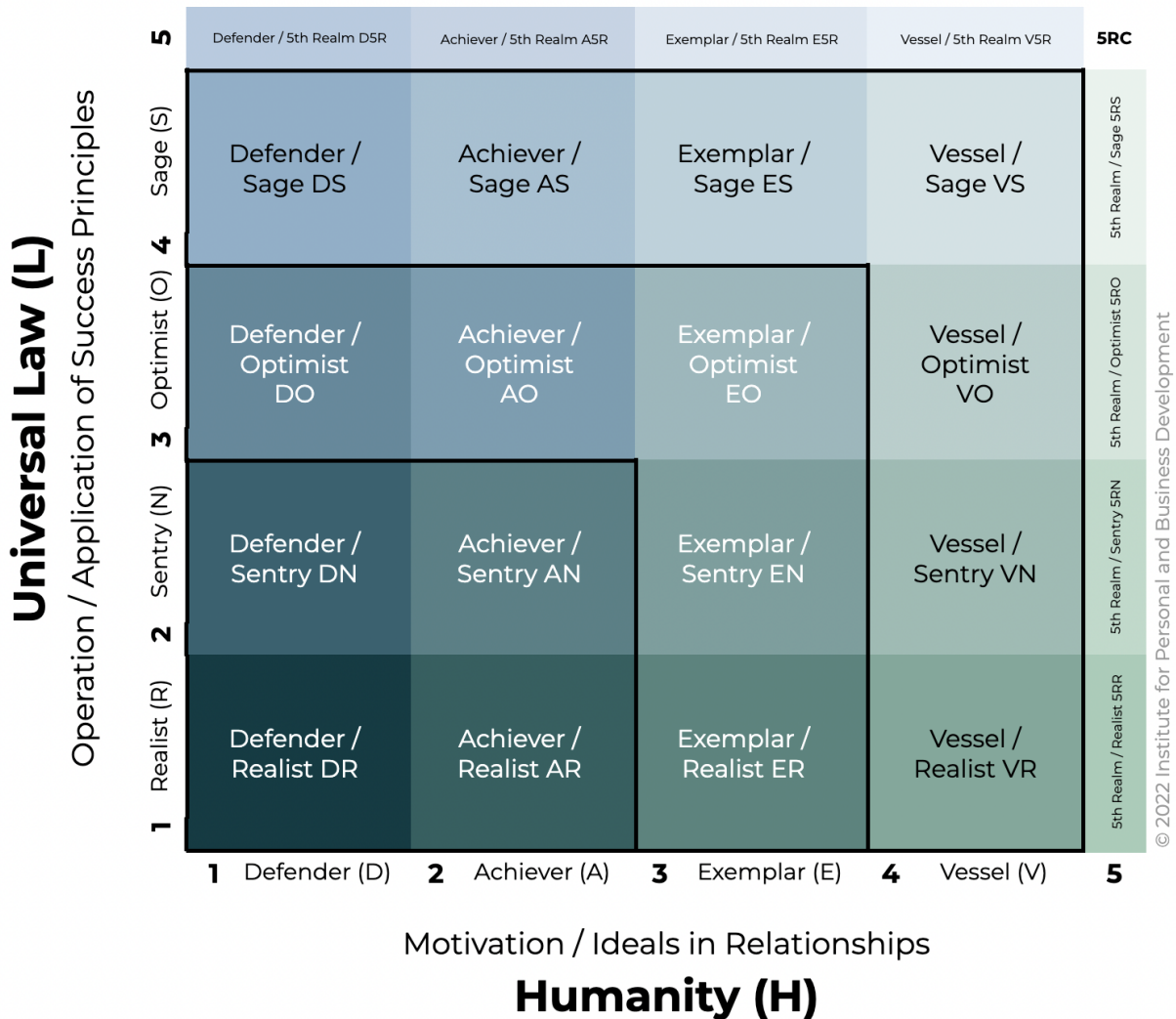


Your Mindset Quotient Test Full Analysis

VESSEL/REALIST



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Vessel/Realist (VR)

Points (H) 4.00-4.99, (L) 0.00-1.99

Influential, honorable, unassuming, intelligent, grounded

Overview - One of the most contented mindset types on the grid. Their skill with people contributes to the good of others more than they realize. Since a person with this type tends to find satisfaction in the status quo, he/she may also experience relatively low amounts of growth, change, or progress.

Strengths - Steady, compassionate, confident, wise, patient, easy going, pleasant.

Driven by - The needs of others, self-reliance, love, anonymity, peace, and ease, focused on self-reliance.

Combination Analysis - You're experienced in learning how to be steady and unaffected by the unstable moods and opinions of others. You've accessed the power that comes through loss of self, of keeping your ego in check, and are evolving beyond the need to be seen.

While the Exemplar serves for the joy of making a difference, the Vessel serves mainly to fill a need. You find uncommon joy in doing hard things, and even if you are well known and respected, you are equally content to be of no public consequence. As you wisely put others first without compromising your own personal autonomy, you access a level of fulfilment and satisfaction that many will never find.

You are a compassionate and patient wellspring of healing for others. Nobody needs to change for you; you love them just as they are. You are generous yet wise in your interactions with others, long-suffering in outcomes, and have long-term vision for any expectations you may have of others.

You are aware of the things that trigger you, but choose not to be controlled by them. You have a well-developed relationship with Humanity, and as you learn how to develop your relationship with Universal Law, you will find it easier to dwell in calmness beneath the tempests, and soar above the storms in stillness.

While you likely experience satisfaction and fulfilment in your significant relationships, sometimes you feel that circumstances beyond your control have been keeping you from experiencing the results in other areas that you really want. Despite your efforts to make changes, nothing has seemed to work, at least permanently. You may struggle to get ahead. You don't let yourself get too weary from repeated disappointments, but hope that one day things may finally change for you.

You're always open to learning more, if there's truly something new to learn, and if it makes logical sense. Still, it's easy to be disappointed when things go wrong. You are more likely to trust science and academia than social media, empirical proof more than a (probably fabricated) testimonial, and you trust yourself to get things done more than almost anyone else.

Other Common Attributes:

- You accept yourself, others, and situations the way they are and the way they are not.
- You embrace your life with joy and effectively resolve guilt and shame.
- You've learned to manage trepidation when facing things that are different or unknown.
- You view life as it unfolds both logically and rationally, while embracing the possibilities for extraordinary outcomes.
- You enjoy finding solutions to real-world situations and helping others improve their lives.
- You tend to be very independent. You don't conform to other people's ideas of happiness and contentment, but you're willing to listen.
- You value your privacy and enjoy solitude. You love the company of others, but it is essential to the discovery and cultivating of your own potential to have time alone.
- You have a good sense of humor and have the ability to laugh at yourself.
- You are able to enjoy the humor in situations that may be challenging for others.
- You follow generally accepted social expectations and don't feel confined by those norms in your thoughts or behaviors.
- You enjoy setting new goals for yourself, but you don't see the path of achievement as a means to an end. The journey is just as important and enjoyable as accomplishing the desired result.
- You accept your quirks and imperfections without feeling embarrassed or apologetic.
- You have experience staying true to your core values, even in environments that challenge them.
- You tend to take life's inevitable ups and downs with grace, acceptance, and equanimity.
- You have a genuine desire to help humanity.
- You readily recognize that you might perceive things that may not be true.
- You often have experiences in which you feel a profound transcendence of your petty concerns.

- You take full responsibility for your actions without pointing the finger at others.
- You can tell 'deep down' right away when you've done something wrong and you commit quickly to making it right.
- When people get upset with you, you engage with concern and curiosity to see how you can assist them with feeling better.
- You try to always be prepared for the worst.
- You feel that if other people would just do their part, you'd be able to avoid more of life's hardships.

Possible Blind Spots - You can be so focused on meeting others' immediate needs that you don't look ahead at the consequences of doing too much. Sometimes your generosity leads to unnecessary hardships that could otherwise be avoided with a little more foresight. Your resignation to things never changing for you is pinching off the possibility that life could be more abundant for both you AND those you love to help.

One who grows beyond the Vessel/Realist stage of development will attest to the following:

"...extreme altruism is no better and no nobler than extreme selfishness; both are mistakes. Get rid of the idea that God wants you to sacrifice yourself for others, and that you can secure his favor by doing so; God requires nothing of the kind. What he wants is that you should make the most of yourself, for yourself, and for others; and you can help others more by making the most of yourself than in any other way." - Wallace D. Wattles

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(<https://mindsetquotienttest.com/results-extended>)

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