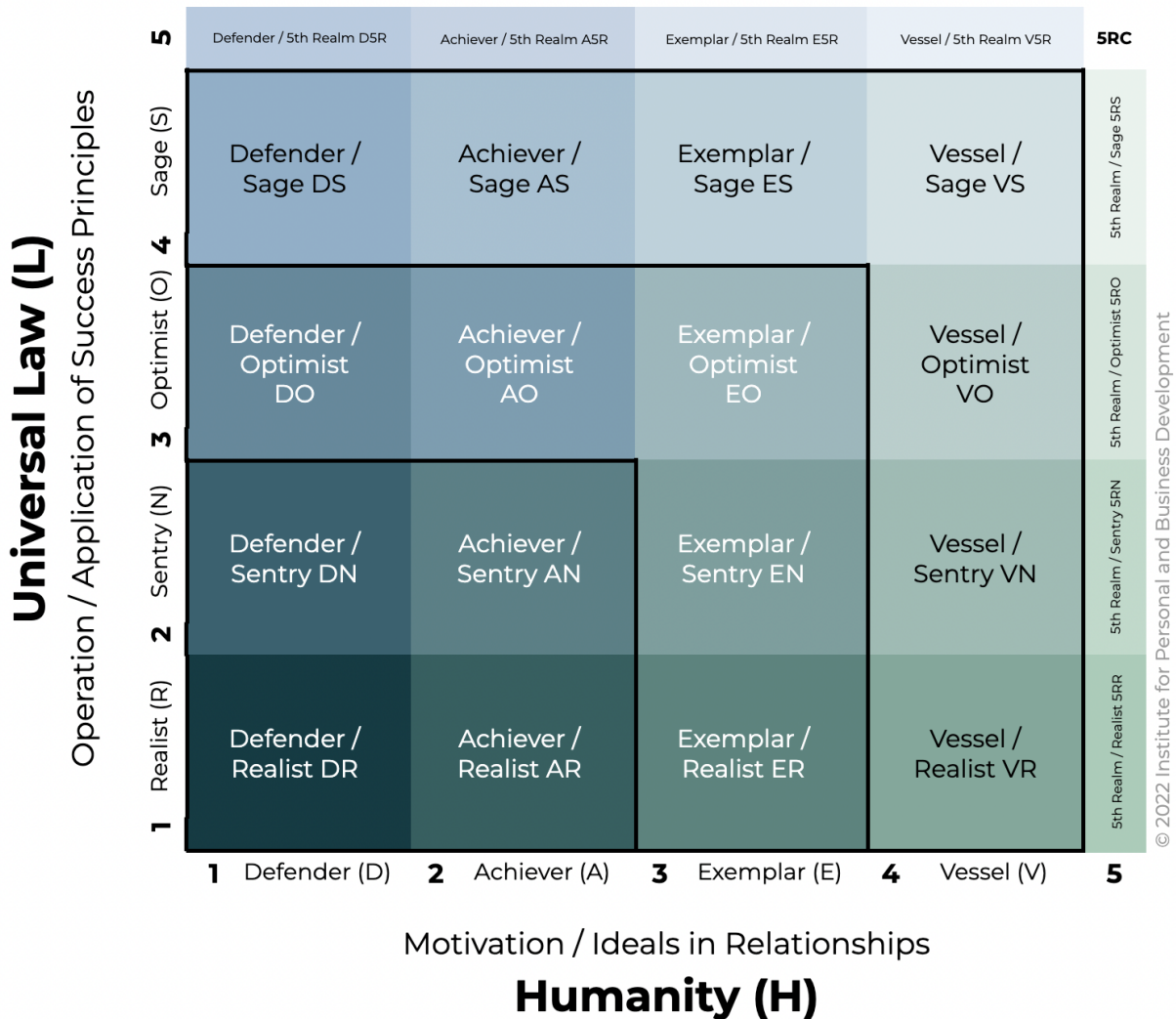


Your Mindset Quotient Test Full Analysis

VESSEL/SENTRY



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Vessel/Sentry (VN)

Points (H) 4.00-4.99, (L) 2.00-2.99

Influential, honorable, unassuming, watchful, prudent

Overview - Subtle, influential, and pragmatic. Cautious without being fearful. Rule follower, respectful. Steady, dependable, and willing, but deep down, hesitant to stretch beyond what is comfortable.

Strengths - Steady, compassionate, confident, wise, patient, watchful, prudent, cautious, skeptical, analytical, detail oriented.

Driven by - Fairness, mitigating risk, the needs of others, love, anonymity, focused on avoiding danger.

Combination Analysis - You're experienced in learning how to be unaffected by the unstable moods and opinions of others. You've accessed the power that comes through loss of self, of keeping your ego in check, and are evolving beyond the need to be seen.

While the Exemplar serves for the joy of making a difference, the Vessel serves mainly to fill a need. You find uncommon joy in doing hard things, and even if you are well known and respected, you are equally content to be of no public consequence. As you wisely put others first without compromising your own personal autonomy, you access a level of fulfillment and satisfaction that many will never find.

You are a compassionate and patient wellspring of healing for others. Nobody needs to change for you; you love them just as they are. You are generous yet wise in your interactions with others, long-suffering in outcomes, and have long-term vision for any expectations you may have of others.

You are aware of the things that trigger you, but choose not to be controlled by them. You have a well-developed relationship with Humanity, and as you learn how to develop your relationship with Universal Law, you will find it easier to dwell in calmness beneath the tempests, and soar above the storms in stillness.

You are a careful, hard worker who knows you'll achieve your goals if you give it everything you've got, as long as nothing gets in the way. The problem is, things often get in the way. Life sometimes seems unfair, unpredictable, or unfortunate.

You're resourceful and manage to get through each challenge eventually, but sometimes you do long for a lucky break. Although you live life guarded, your healthy skepticism often keeps you safe. Like a sentinel, you're always on the lookout for pitfalls and do a good job avoiding them. But sometimes you're concerned about being stuck where you are.

You'd like things to improve in several areas of your life, but so far, your efforts haven't caused any real giant leaps forward, and you may be unsure whether your thinking has any real effect on your results. Because things don't always work out the way you intended, it can be easy to feel as though you don't have a lot of control over your results, no matter how hard you try.

Sometimes life seems to be in the hands of fate, because no matter what you do, the same kinds of results keep happening. You believe positive thinking may help you live a better life, but haven't seen a whole lot of evidence that doing so has a real effect on your results. Sometimes your reason for thinking positive is to simply avoid regrets, more than it is to cause a change.

As an intellectual, you strive to look ahead and mitigate risk, and you value fairness. Your talent for recognizing potential problems can be a blessing and a curse. Even when you intentionally choose an outcome different from the default future, it can sometimes be hard to focus more on the happy potential than on the possible failure. After all, you've been burned before.

You're more likely to be motivated by avoiding problems and hardships than by seeking experiences you'll enjoy. When facing a crisis, you always feel better when you can talk about the problem from every angle, to uncover the reason it happened and to help you avoid similar issues in the future. You're open to other people's opinions as long as they're cautious or prudent like you, but wouldn't it be nice if there weren't always so many problems to talk about?

Other Common Attributes:

- You accept yourself, others, and situations the way they are and the way they are not.
- You embrace your life with joy and effectively resolve guilt and shame.
- You've learned to manage trepidation when facing things that are different or unknown.
- You view life as it unfolds both logically and rationally, while embracing the possibilities for extraordinary outcomes.
- You enjoy finding solutions to real-world situations and helping others improve their lives.
- You tend to be very independent. You don't conform to other people's ideas of happiness and contentment, but you're willing to listen.

- You value your privacy and enjoy solitude. You love the company of others, but it is essential to the discovery and cultivating of your own potential to have time alone.
- You have a good sense of humor and have the ability to laugh at yourself.
- You are able to enjoy the humor in situations that may be challenging for others.
- You follow generally accepted social expectations and don't feel confined by those norms in your thoughts or behaviors.
- You enjoy setting new goals for yourself, but you don't see the path of achievement as a means to an end. The journey is just as important and enjoyable as accomplishing the desired result.
- You accept your quirks and imperfections without feeling embarrassed or apologetic.
- You have experience staying true to your core values, even in environments that challenge them.
- You tend to take life's inevitable ups and downs with grace, acceptance, and equanimity.
- You have a genuine desire to help humanity.
- You readily recognize that you might perceive things that may not be true.
- You often have experiences in which you feel a profound transcendence of your petty concerns.
- You take full responsibility for your actions without pointing the finger at others.
- You can tell 'deep down' right away when you've done something wrong and you commit quickly to making it right.
- When people get upset with you, you engage with concern and curiosity to see how you can assist them with feeling better.
- When it comes to your goals or desires, you see yourself as someone who will accomplish them as long as you can find a safe path.
- Accomplishing your vision and goals would be easier if there weren't so many risks.
- You quickly identify the dangers of new ideas, and readily warn others who can't see them as easily.
- You are steadfast in holding your position when the potential for negative outcomes arise, and you wish others around you weren't so eager and careless to proceed despite them.
- You may be easily triggered by stressful situations, and go out of your way to mitigate them.
- You are cautious about changes that require you to step into the unknown.

- You may spend more time organizing the life you've already built than planning for the achievement of new goals or desires.
- You might describe yourself as free from past emotional trauma, but others who know you may disagree.

Possible Blind Spots – Because you've already discovered so many secrets to rewarding relationships, your pride can sometimes get in the way of learning how to live even better. You may be inclined to disengage instead of solve a problem, and you may be inclined to retreat from an opportunity if it doesn't perfectly fit into your existing comfort zone.

One who grows beyond the Vessel/Sentry stage of development will attest to the following:

"There are known knowns... There are known unknowns... But there are also unknown unknowns... things we don't know we don't know." – Donald Rumsfeld

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