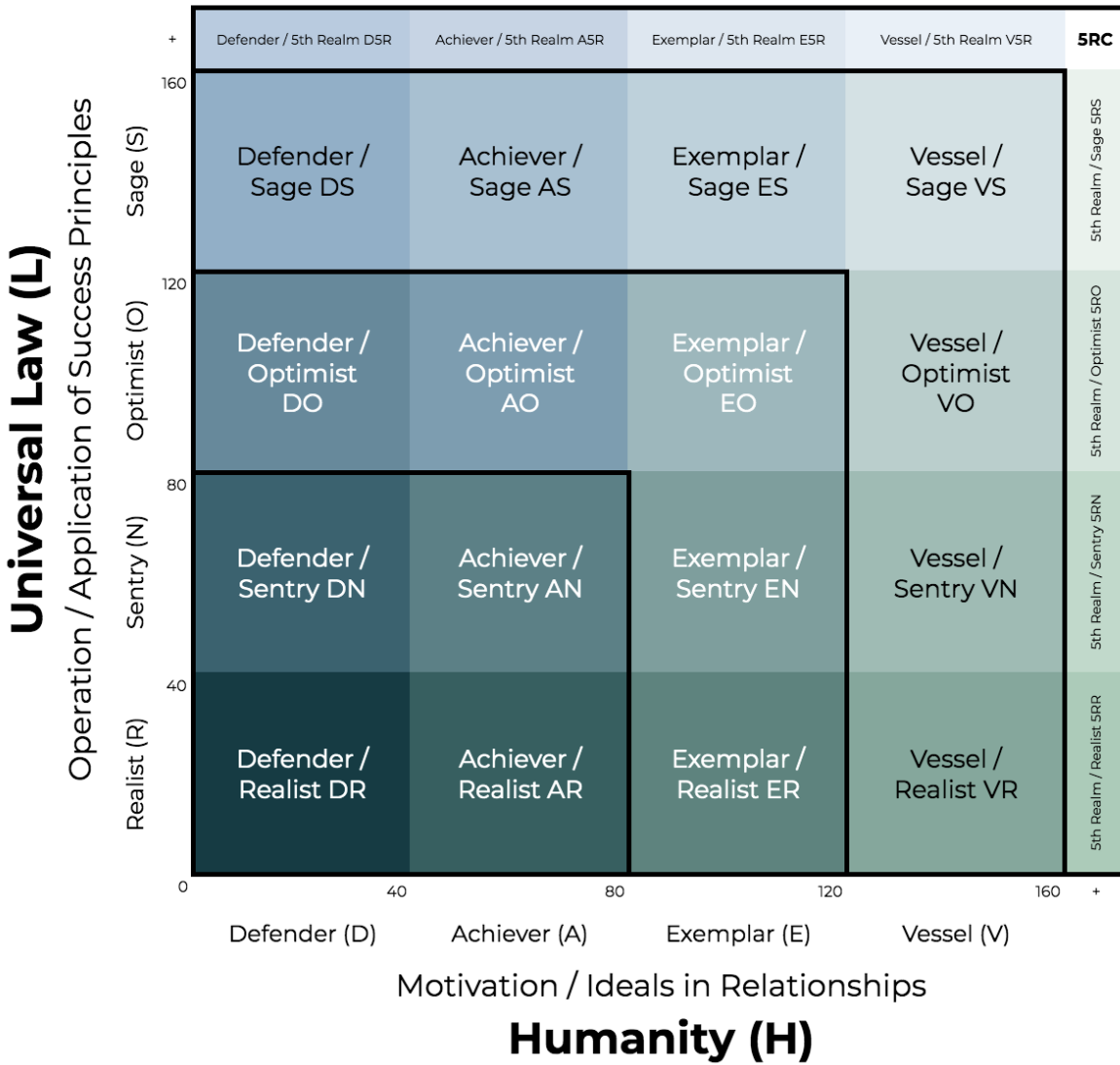


Your Mindset Quotient Test Full Analysis



Achiever/Sentry (AN)

Points H(41-80), L(41-80) - Performer, producer, skeptic, wary

Overview - Ambitious at heart, sometimes overcautious. False starts. Motivated by the public victory, but sometimes paralyzed by the potential for public failure. Get ready, get set, get set, get set... Covers bases, risk averse.

Strengths - Responsible, dependable, hard worker, watchful, prudent, cautious, skeptical, analytical, detail oriented.

Driven by - Growth, progress, expansion, popularity, success, fairness, mitigating risk, focused on avoiding danger.

Combination Analysis - A success-minded high performer. When given a task, you can knock it out in record time. Life is good as long as you're checking things off your list, but when you don't know what to do next, you can sometimes experience a void that is only filled by setting another goal or checking off another task.

You aim high and have a perfectionist's eye for detail. When something needs to be done, you can usually do it without supervision. Some people may view you as a "mover and a shaker".

Your self-esteem is boosted by the feeling of growth, progress, and expansion, and it can be hard to understand why others don't want to move and grow at the same pace. Your drive has brought you to the accomplishment of some great achievements, so it can be puzzling when those closest to you don't always appreciate your dedication to excellence.

You are a careful, hard worker who knows you'll achieve your goals if you give it everything you've got, as long as nothing gets in the way. The problem is, things often get in the way. Life sometimes seems unfair, unpredictable, or unfortunate. You're resourceful and manage to get through each challenge eventually, but sometimes you do long for a lucky break. Although you live life guarded, your healthy skepticism often keeps you safe. Like a sentinel, you're always on the lookout for pitfalls and do a good job avoiding them. But sometimes you're concerned about being stuck where you are.

You'd like things to improve in several areas of your life, but so far, your efforts haven't caused any real giant leaps forward, and you may be unsure whether your thinking has any real effect on your results. Because things don't always work out the way you intended, it can be easy to feel as though you don't have a lot of control over your results, no matter how hard you try.

Sometimes life seems to be in the hands of fate, because no matter what you do, the same kinds of results keep happening. You believe positive thinking may help you live a better life, but haven't seen a whole lot of evidence that doing so has a real effect on your results. Sometimes your reason for thinking positive is to simply avoid regrets, more than it is to cause a change.

As an intellectual, you strive to look ahead and mitigate risk, and you value fairness. Your talent for recognizing potential problems can be a blessing and a curse. Even when you intentionally choose an outcome different from the default future, it can sometimes be hard to focus more on the happy potential than on the possible failure. After all, you've been burned before.

You're more likely to be motivated by avoiding problems and hardships than by seeking experiences you'll enjoy. When facing a crisis, you always feel better when you can talk about the problem from every angle, to uncover the reason it happened and to help you avoid similar issues in the future. You're open to other people's opinions as long as they're cautious or prudent like you, but wouldn't it be nice if there weren't always so many problems to talk about?

Other Common Attributes of the Achiever/Sentry:

- You believe you are in charge of your destiny.
- You have worked hard for what you've achieved.
- You feel the need to be prepared at all times to pivot.
- You know that even if you lose everything, you still have yourself and thus the ability to turn things around.
- Everything works out better when people listen to you.
- It's not important for you to be seen but you can't seem to avoid it.
- You think life is what you make it, so why not make it what you want?
- You wish more people in your life understood you and could appreciate your efforts to make life better for everyone.
- You love people and wish you could be more available for them, but you have to get that project finished.
- You are not afraid of deeper relationships, you're just really busy.
- You don't think you are pushing yourself too hard. Your work is how you relax, and you enjoy it.
- You are surrounded by people who believe the need to perform is exhausting. Those same people always seem to need your help.
- You believe it is important to always have a goal that challenges your creativity to do more.
- To you, happiness comes from accomplishing the next big thing.
- You would love to just relax, but then how will things get completed?
- You enjoy being around people who are working on creative concepts and innovations.
- You see every day as an opportunity to move the needle forward.
- You embrace challenges as tools for learning and growing.

- You pursue goals tirelessly and complete your tasks with excellence.
- When it comes to your goals or desires, you see yourself as someone who will accomplish them as long as you can find a safe path.
- Accomplishing your vision and goals would be easier if there weren't so many risks.
- You quickly identify the dangers of new ideas, and readily warn others who can't see them as easily.
- You are steadfast in holding your position when the potential for negative outcomes arise, and you wish others around you weren't so eager and careless to proceed despite them.
- You may be easily triggered by stressful situations, and go out of your way to mitigate them.
- You are cautious about changes that require you to step into the unknown.
- You may spend more time organizing the life you've already built than planning for the achievement of new goals or desires.
- You might describe yourself as free from past emotional trauma, but others who know you may disagree.

Possible Blind Spots - Impatience, imbalance, skepticism. Your focus on potential risks often blinds you to existing minimal-risk avenues that would lead you to more desirable outcomes. Believing that alternative ways and methods exist and expecting to find them will be your first step to benefitting from them.

One who grows beyond the Achiever/Sentry stage of development will attest to the following:

"Fear knocked on the door, faith answered, and no one was there." - Unknown

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